**DISHES AND THEIR ALLERGEN CONTENT – Build Your Own**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Green Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rainbow Coleslaw |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| New Potato Salad |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| Beetroot |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cous Cous | X | X  Wheat |  | X |  |  |  |  |  |  |  |  |  | X |
| Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Streaky Bacon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Feta Cheese |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Pesto Pasta |  | X  Wheat |  |  |  |  | X |  |  |  |  |  |  | X |
| Rice Salad |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| Eggs |  |  |  | X |  |  |  |  |  |  |  |  |  |  |
| Grated Cheddar Cheese |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Spiced Asian Noodle Salad |  | X  Wheat |  |  |  |  |  |  |  | X |  | X | X |  |
| Sundried Tomatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hummus |  |  |  |  |  |  |  |  |  |  |  |  |  | X |
| Kenny’s Caesar Dressing | X |  |  | X | X |  |  |  | X |  |  |  |  |  |
| Kenny’s Honey & Mustard Dressing |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| Kenny’s French Dressing |  |  |  |  |  |  |  |  | X |  |  |  |  | X |
| Kenny’s Basil Pesto Dressing |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Chipotle Dressing |  |  |  | X |  |  |  |  |  |  |  |  |  |  |
| Sweet Chilli Dressing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BBQ sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Review date: |  | Reviewed by: |  | Food Standards Agency food.gov.uk | You can find this template, including more information [at www.food.gov.uk/allergy](http://www.food.gov.uk/allergy) |